

POETICS OF AGING CONFERENCE SCHEDULE - WEDNESDAY, NOVEMBER 16, 2011

DATE	ROOM	CEU-ELIGIBLE	START TIME	END TIME	EVENT TYPE	TITLE	SUMMARY	PRESENTER/S
			Wed, Nov 16, 2011					
Wed, Nov 16, 2011	Fireside		8:00 AM	9:00 AM	Gentle Exercise	Yin Yoga	Yin Yoga is a profound practice that emphasizes long-held but passive poses which enhance flexibility in the joints and instill lightness and grace in the body, especially important for aging bodies.	Erin Fleming
	Front Lobby/Halls		8:00 AM	5:00 PM	Registration Coffee Exhibits	Registration Poetics of Design	"Poetry is what elevates the banal and neglected object to a realm of art. It can transform the thing that might have made people fearful into something that invites them to look, and to look a little longer and maybe even understand." - Aimee Mullins and her 12 pairs of legs, TED Talks, 2009.	Arianne Gelardin
	MLK		8:00 AM	9:00 AM	Poster Sessions	Poster Session	Presentation of research, art, and other information by educators, artists, and healthcare professional. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Poster will be available for viewing through the conference during lunch and breaks.	Ann Marie Davis Nancy Thompson
	MLK		8:00 AM	9:00 AM	Creativity Lab	Lyrical Storyboards	Lyrics are a form of poetry that expresses subjective thoughts and feelings and is often in a songlike style or form. Storyboards are graphic organizers in the form of illustrations or images displayed in sequence for the purpose of pre-visualizing a motion picture, animation, motion graphic or interactive media sequence. Learn how to design storyboards out of the songwriter's lyrics.	Denise Bondy Faith Winthrop
	Sanctuary		9:00 AM	9:15 AM	Arts Performance	Jazz Singing	Is it the age of anxiety and/or the anxiety of age? Murray Grand's grand "Too Old to Die Young" is a rollicking reminder of what some of our baleful beliefs might be. In my own "New Age/Old Age Blues", I offer other choices.	Faith Winthrop
	Sanctuary		9:15 AM	9:25 AM	Opening	Dedication Appreciation	We stand on the shoulders of those who have gone before us. We appreciate, as well, those, who stand before us.	Nader Shabahangi Sally Gelardin
	Sanctuary	RN, LCSW, MFT, NCC, GCDF	9:25 AM	10:00 AM	Arts Performance	Classic Theater: "The Mortal Frame" - Why does the politics of aging so frequently avoid confronting the life-shaping reality of death?	Classical theater vignettes include quotations from Shakespeare's "Julius Caesar" and "Hamlet", speech by the character Iphis from Euripides' "Suppliant Women", a short scene between Falstaff and Justice Shallow from Shakespeare's "Henry IV, part 2", a scene between Cordelia and Lear from Shakespeare's "King Lear", a chorus from Sophocles' "Oedipus at Colonus", followed by a speech by Oedipus from the same play, and a performance of Shakespeare's Sonnet 73, concluding with reflections on forgiveness and understanding in the face of age and decline.	Rush Rehm
	Sanctuary	RN, LCSW, MFT, NHAP, NCC, GCDF	10:00 AM	11:00 AM	Keynote	Try It—You Might Like It.	Throughout our whole lives we should be experimenting with ways to increase our happiness and satisfaction. Human behavior is the product of countless numbers of learning experiences made available by both planned and unplanned situations in which individuals find themselves. On today's journey to the future, the only choice we have as we enter the second half of our lives is the road never traveled.	John Krumboltz
	Front Lobby/Halls		11:00 AM	11:15 AM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Sanctuary	NCC, GCDF, NHAP, LCSW, MFT, RN	11:15 AM	12:15 PM	Panel Discussion	Politics of Aging	Panelists who have worked for many years on the redefinition of aging challenge participants to explore alternative viewpoints. They will explore who and/or what frames the debate on aging, is the politics of aging reduced to money and productivity, is aging about wisdom, experience and guiding our present and future generations, and does life stop at the so-called prime of life or are the best years to come?	Janet Blanchard Helen Harkness Nader Shabahangi Jesse Lorenz Sally Gelardin, Moderator
	Sanctuary		12:15 PM	12:30 PM	Arts Performance	The Courtesan and the Crone	A Courtesan is a fancy, educated call girl, similar to a Geisha. A crone is an older woman. Legendary Anna Halprin, at the age of 91, dances The Courtesan and the Crone.	Anna Halprin
	Star King/Front Lobby/Halls		12:30 PM	1:30 PM	LUNCH	Book Signing	Authors/Artists/Poets of the Day	
	Star King		1:30 PM			The Antic Witties	Join this group of improvisers of a certain age, who have 'wowed' the SF Theater Festival three years in a row, as they create scenes on the spot and even improvise musical numbers based on suggestions from the audience. The theater games often involve audience participation	Barbara Scott Daniel Savio
	MLK		2:30 PM			2:30-3:00 PM: An Artist Lost & Found: Older adults tell their stories with eloquence and grace.	Inspired by a 6-minute film, My Father's Hopes, and a preview of Breath Made Visible, we create a legacy for generations to come. The film My Father's Hopes talks about the fact that the son, the filmmaker, saw his father, an artist, become a businessman, afraid to express his artistic impulses. After he retired and his wife died, he became a different person, more bohemian, and started painting like crazy. The son shows the father's work and how it influenced him to 'shine his light.'	Sheila Mankind
	MLK					3:00-3:30 PM: Leaf Printing on Book Marks	Participants make book marks out of recycled and found objects to promote literacy and reading and volunteerism, which is the mission of Experience Corps. Leaf printing is a transfer process from the leaf to another surface, in this case, a bookmark, in a decorative design, utilizing various colorful medium.	Brooke Agee Mara Gericke Denise Bondy
	MLK					3:30-4:00 PM: Who am I? Who are you?	The face is the GPS to our inner blue print. The structure of the face indicates the innate talents and abilities we are born with. Face Pattern Recognition helps people reconnect with who they are. It helps people to get back on track with their life. Learn to identify some of the key traits that indicate those innate talents.	Naomi Tickle

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	Sanctuary					Listen, Speak, Tell 2:30-2:55 PM 3:00-3:25 PM 3:30-3:55 PM	Each weekday, the SpeakEasy features scheduled poets and storytellers followed by an open mike format, where conference participants have an opportunity to share their voices. Come listen, come speak, come tell. Poems Poems from her forthcoming book: Ardor: Poems of Life Prose Poem	Katherine Hastings Janine Canan Barbara Booker
	Kincaid	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE				Benjamin Button, Our Future, and Aging Backwards	Benjamin Button did it. Why can't you? Have you ever imagined yourself aging backwards? Whether you have or not, this workshop will lead you on that journey, opening each individual to a range of ideas and insights about yourself and others that may surprise you. This fresh perspective has the potential to create a profound personal and social effect for all of us, and most importantly for you. Join us as we map our futures, experience unexpected self-discoveries, and age backwards.	John Balles
	Murdock	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE				Social Security, Medicare, and Social Solidarity	Grounded in ideas of equal access for equitable outcomes, social insurance programs (Medicare, Social Security) attest to the potential for a more just society. However, attacks against social insurance programs continue worldwide. These attacks often thrive on public confusion about social insurance programs and threaten to weaken the social solidarity and interdependence they represent. Learn more about the ideological forces behind the attacks against social insurance programs and how these attacks could impact the social solidarity and interdependence necessary for a just society.	Brooke Hollister
	Fireside	RN, LCSW, MFT, NHA, NCC, GCDF				Why Survive? An Intergenerational Discussion on the Role of the Creative Arts in the Survival Process	Why get up in the morning? Why keep going when the going gets tough? Why look forward to the new day? Do the answers to these questions change as one gets older? What role do the creative arts play in dealing with the aging process? Moderator Stuart Kandell brings together a panel of experts: a teenager, a 40 year old, 60 year old and 90 year old (to be determined if this workshop is accepted) --- who will share their thoughts, reflections, feelings and creative talents.	Stuart Kandell, Ph. D. moderator, Terry Taplin, 23, Slam Poet Champion Dena Shapiro, 47, Outsider Artist Terry Stokes, 74, actor Isabel Ferguson, 95, Playwright/Poet, Terry Taplin, 23, Slam Poet Champion
	Front Lobby/Halls		3:45 PM	4:00 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	4:00 PM	5:00 PM	Featured Speaker	Marion Rosen at 97: Finding a New Life Later in Life	Ninety-seven year old Marion Rosen, somatics pioneer, and colleagues, ask the audience: How do we revision our usefulness through the seasons of our lives? How do we become author of our life in the context of community? Benefits of touch for self-care and caring for others are addressed as participants learn simple hands-on techniques for relaxation. When tension is contacted with gentle touch, release leads to new freedom in our bodies and spirits.	Marion Rosen Sara Webb Mara Keller
	Front Lobby/Halls		4:00 PM	5:00 PM	Exhibit	Poetics of Design Opening Reception	A select group of designers demonstrate progressive forms of architecture, public and private space, visual graphics, performance, and objects that respond to the aging process. These designers recognize the shifts that occur as we age - shifts in sensory perceptions, in memory, and in mobility. Designs that respond to these changes with acute sensitivity create a life filled with poetic experiences both for those with immediate needs and also for those who are attentive to such experiences.	Andy Chen Business Innovation Factory Kava Massih Architects Marion Rosen Paulett Taggart Smith Group
	Chapel		5:00 AM	6:00 PM	Arts Performance	Playback Theater	Personal stories shared by audience members are instantly transformed by the ensemble into improvised theater pieces using movement, ritual, dramatic spoken word and music. The work of Playback Theater helps performers with their listening and memory skills.	Martin Holtz