

POETICS OF AGING CONFERENCE SCHEDULE - FRIDAY, NOVEMBER 18, 2011

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			Fri, Nov 18, 2011					
Fri, Nov 18, 2011	Fireside		8:00 AM	9:00 AM	Gentle Exercise	Yoga	Yoga can be instrumental in addressing the symptoms of grief because it focuses on mind, body, and spirit, the three areas where grief manifests—and often goes unacknowledged.	Antonio Sausys
	Front Lobby/Halls		8:00 AM	5:00 PM	Registration, Coffee, & Exhibits	Poetics of Design Exhibit	Check out the Poetics of Design Exhibit.	
	Front Lobby		8:00 AM	9:00 AM	Arts Performance	The Poetics of Getting Here	The arrival is also noteworthy. Greetings to All will be expressed through improvisational harp music played by Maureen Atkins playing mellow, improvisational harp music.	Maureen Atkins
	MLK		8:00 AM	9:00 AM	Poster Sessions	Poster Sessions	Presentation of research, art, and other information by educators, artists, and healthcare professionals. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Posters will be available for viewing through the conference during breaks and lunch.	Ann Marie Davis Nancy Thompson Oralee Wachter
	MLK		8:00 AM	9:00 AM	Creativity Lab	Lyrical Storyboards	Lyrics are a form of poetry that expresses subjective thoughts and feelings and is often in a songlike style or form. Storyboards are graphic organizers in the form of illustrations or images displayed in sequence for the purpose of pre-visualizing a motion picture, animation, motion graphic or interactive media sequence. Learn how to design storyboards out of the songwriter's lyrics.	Denise Bondy, Coordinator Faith Winthrop
	Sanctuary		9:00 AM	9:15 AM	Arts Performance	Jazz Singing	Everything Must Change, as the beautiful Bernard Ighner song affirms, which supplants the past regrets and self-condemnation of Charles Aznavour's "Yesterday When I Was Young." In embracing the concept of change, we are led to acceptance and new choices.	Faith Winthrop

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	Macondray	RN, LCSW, MFT, NHA, NCC, GCDF	9:15 AM	12:15 PM	Workshop	(EHI Certificate) E-H Therapy Principles in Action: A Gateway to Therapeutic Effectiveness	The Certificate Program in Existential-Humanistic (E-H) Therapy, a joint endeavor with Saybrook University, is intended to provide students with a core of practice based on the theory and principles of E-H therapy. E-H principles emphasize the personal and interpersonal dimensions of therapy that have been found to be primarily responsible for healing and change. The second part of the workshop will provide participants with an experiential understanding of E-H Therapy.	Orah Krug
	Sanctuary		9:15 AM	9:25 AM	Opening	Introductions	What really gives us joy and celebrates our existence? How can we experience endings as new beginnings, losses as opportunities for new gains? What are the opportunities to create our lives as we age? How do we cultivate what is latent and wants to come to the fore?	Nader Shabahangi Sally Gelardin
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	9:25 AM	10:00 AM	Arts Performance	Magical Thinking and Reflections	Magical Thinking--how do we care for ourselves while caring for others?--, a performance of a selection from Joan Didion's "The Year of Magical Thinking," and possibly a performance of Shakespeare's Sonnet 30.	Anne Hallinan Rush Rehm
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	10:00 AM	11:00 AM	Keynote	Social Consequences of Forgetfulness and Alzheimer's Disease: A Call for Attitudinal Expansion	"Our society has a set of blinders on that negates our individual and collective ability to see the deeper meaning of what is called dementia and Alzheimer's disease and the deeper meaning behind the aging process. We urgently need to expand the horizons of what forgetfulness can mean beyond loss, to challenge our normative conceptions of forgetfulness, dementia, memory, personhood, aging, and time."	Patrick Fox
	Front Lobby/Halls		11:00 AM	11:15 AM	BREAK	Book Signing		
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	11:15 AM	12:30 PM	Keynote	Lead Speaker	"How do we care for ourselves as we age?" "What is the difference between custodial and relationship care?" "How do we learn to listen to our inner elder?" By properly learning to cope with stress effectively, we have access to our inner elder, our inner wisdom, our knowing on how to meet our partner's needs, as well as our own needs. Followed by book signing.	John Gray

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	Front Lobby		12:15 PM	12:30 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Star King		12:30 PM	1:30 PM	LUNCH		Poetics Lunch and Community Dialogue	Nader Shabahangi
	MLK		12:30 PM	1:30 PM	Creativity Lab	Video on Aging with Grace and Glory	For the first time in history we are embarking on a new dimension of aging where answers are as mysterious as the questions. What does aging mean to us now? Is it aging or is it opening? What are the possibilities? These are a few of the questions we are beginning to ask ourselves and each other as we co-create a new paradigm in this great adventure. Join us in our video presentation of Aging With Grace and Glory, the first of a series of conversations.	Celedra Gildea John Cusack
	Star King		1:30 PM	2:30 PM	Arts Performance	Antic-Witties	Join this group of improvisers of a certain age as they create scenes on the spot and even improvise musical numbers based on suggestions from the audience.	Barbara Scott Daniel Savio on piano
	Macondray	RN, LCSW, MFT, NHA, NCC, GCDF	1:30 PM	4:30 PM	Workshop	(EHI Certificate) Rediscovering Awe for Ourselves and Our Practices	The rediscovery of awe, as Rollo May suggested some years ago, is as essential to personal well being as it is to the well being of our world as a whole. This workshop focuses on how the cultivation of the sense of awe—the humility and wonder, sense of adventure toward living—can enhance our quality of living as both therapists and individuals.	Kirk Schneider
	Kincaid	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	1:30 PM	2:30 PM	Workshop	(EHI) Old Hearts Forging Depths of Intimacy: Caring for the Soul of the Other: The Tempering of Intimate Relationships	Intimacy, like a fine sword, must be carefully forged. 'Hammering out' understandings, taking responsibility, risking honesty, and recognizing our impact on one another hones our capacity to support each other without losing ourselves. This workshop will offer a practical guide to repairing the inevitable ruptures of trust between people.	Chris Armstrong Lou Dangles
	Star King	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	2:30 PM	3:45 PM		Place, Space and the Lived Experiences of LGBTQ Older Adults in San Francisco	The spatial concentration of populations influenced by attributes of the urban form has a changing impact on society especially in the way the concept of place is understood to have a relationship with aging and health. This qualitative research project examined the lived experiences of LGBTQ older adults in San Francisco by employing photo-elicitation techniques and narrative methods.	Jarmin Yeh

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	Star King					The 3rd Act: A New Stage, A New Purpose for Your Life	What is the point? Our health and longevity are dependent on finding meaning and purpose...even more critical during our later years. Utilizing concepts drawn from the psychology of satisfaction, this interactive session will focus on the design of a meaningful and fulfilled life, the stage we call "The 3rd Act". Participate in stimulating dialogue and apply the concepts and principals to your own life.	Beverley Scott Patricia Cavanaugh
	Star King					Fighting Dementia with Active Imagination: From Powerlessness to the Midwifery of an Empowered Death.	Caring for an unresponsive loved one often leaves both the person suffering from dementia and her caregiver feel very isolated and powerless. Participants will become familiar with an existential approach and will put together simple ways of connecting with the wholeness of the individual suffering from dementia, and allow for a peaceful and empowered end of life.	Dominique Lambert
	Star King					Caring Economics: The Power of Investment in Human Capacity	Learn principles of Caring Economics and strategies to promote an economic model for recalculating the GNP and GDP to reflect and honor the work of those who nurture and support the actualization of human development across the age span, the earth and community. Tools for changing economic policy, cultural norms and experiences of aging.	Molly Freeman
	Fireside	RN, LCSW, MFT, NHA, NCC, GCDF				Bridging with the Sacred	Are you interested to increase your appreciation and capacity for bridging with the sacred in your personal or professional life? The speaker will draw on his experience as a hospital chaplain, physician and educator at Stanford University Medical Center to explore with participants the dimension of spiritual experience and encounters with the sacred.	Bruce Feldstein

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	Murdock	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE				Creative Journeys: Applying Innovative Expressive Arts Strategies with Dementia & Age-Related Challenges	As we age, finding ways to focus on abilities that have remained intact can feel intimidating and arduous. One of the prevalent challenges today is conditions that affect cognitive abilities. This workshop will focus on implementing an expressive arts program that allows people to create sophisticated pieces through modified steps, while focusing on nurturing the dignity of the individual and maintaining quality of life.	Michelle Burns
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF, RFCE				Poetics of Dying Viewed Through the Transpersonal Lens	The poetic nature of aging is overshadowed by the looming inevitability of death and our fear of nonexistence. Four speakers will present a developmental model of the dying process as it is understood from the transpersonal perspective.	Barbara Morrill Sparlha Swaby Shanon Sitkin Joachim Thomas Garson
	MLK					2:30-3:00 PM: Adaptive Art	Participate in demonstration of applying adaptive technique for evolving abilities. This activity is based on cutting edge art therapy practices. A bibliography will be provided.	Constance Hunt
	MLK					3:00-3:30 PM: Communication IS Community	Experience a series of community-building exercises through games and ice breakers. Discover the power of active listening and improvisation which make "What's your favorite ice cream?" a meaningful question!	Emily Kuentler
	MLK					3:30-4:00 PM: Aging not well, not gracefully, but vibrantly: "Vibrant Aging," A short film and discussion.	The producer shows her film "Vibrant Aging," which explores essential questions such as What does it mean to age vibrantly? How does one live a vibrant life as one ages? What barriers exist to aging in a fulfilling, healthy, and meaningful way? The Film offers an unflinching look into the ways in which health and wellness, connectivity, financial security, and societal standards affect aging. The 15-minute film will be followed by a brief discussion.	Julie Miller
	Sanctuary					Listen, Speak, Tell 2:30-2:55 PM		

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	Sanctuary					3:00 - 3:25 PM: Aging as a Form of Art	The songwriter leads a discussion of the elements of creative, conscious aging and the healing power of life review, followed by two songs, Baba Yaga's Raga and Hip Hop Elder's Rant. She then reads a bit from her memoir, Songs of the Inner Life.	Gaea Yudron
	Sanctuary					3:30 - 4:00 PM		Impromptu
	Front Lobby/Halls					Book Signing	Authors/Artists/Poets of the Day	
	MLK	RN, LCSW, MFT, NHA, NCC, GCDF	4:00 PM	5:00 PM	Featured Speakers	Assess for Success	Learn how assessments will improve your effectiveness, increase your credibility, and enhance your results immediately. By evaluating one's unique preferred values with a professionally developed inventory, participants will examine what to look for in assessments to best serve their needs and/or the needs of those they serve. Attendees will design a plan for values, clarity and effectiveness so as to help themselves and others align their lives with their goals and dreams.	Ken Keis
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF				The Movement for Conscious Aging for the Greater Good	Music, communal poetry and the Elder's Movement: Music and poetry liberate the spirit, expand consciousness and transmit powerful visions. Experience the power of consciousness-shifting music and poetry derived from 30 years of work with elders and learn the secret of community poetry making.	Debby Barkan Barry Barkan
	Kincaid	RN, LCSW, MFT, NHA, NCC, GCDF				Aging and Growth: A Wellness Perspective	Wellness is the totality of body, mind and spirit-everything that you think, feel and believe has some impact on your state of health. When you focus on physical wellness first, it sets a successful framework for the rest of the components. Wellness is about the totality of the components, but physical wellness helps support all the other areas. Learn about eight wellness components and the role they play in your life and work.	Betsy Best Martini

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	Fireside					(EHI) Poetry Reading: A Special Event with David Elkins	Experience the poetry of Rilke, Machado, Neruda, Rumi, Yeats, Oliver, and others, accompanied by the flute or some other instrument between segments and to set the mood.	David Elkins
	Front Lobby		5:00 PM	6:30 PM	TableTalk	TableTalk	The table talk meeting allows conference attendees an opportunity to meet with, and talk one to one, to conference supporters about their special activities in the area of elder-care. This provides a forum to explore resources available to the elderly and elder-care providers.	Al Coddington
	Star King		6:30 PM	8:30 PM	Social Gathering	Reception	Jazz music, plus Songs from a New Wrinkle. complementary beverages and lite supper. By invitation only.	Entertainment and Jazz Music Gaea Yudron Ivan Shvarts Sam Peoples
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